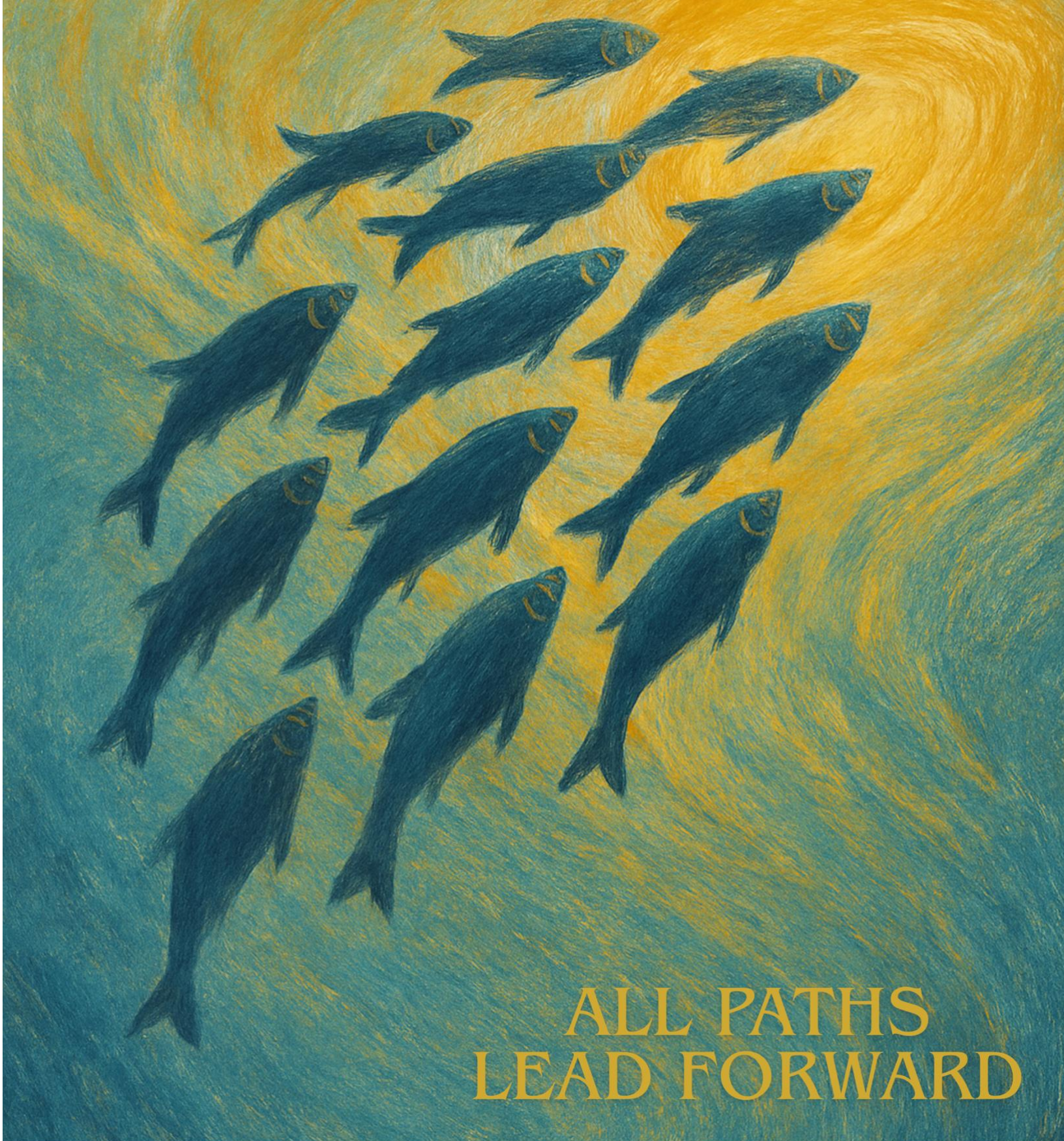




ALL PATHS
LEAD FORWARD



TRUE NORTH
PROFESSIONAL STUDIES



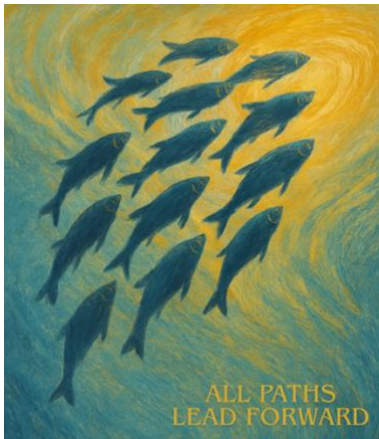
Introduction

Welcome to a new season of learning, discovery, and connection. This year, our theme is All Paths Lead Forward. It invites us to reflect on the journey we each take in pursuit of excellence, and how, when we move together, we create something far greater than the sum of our individual efforts.

Like a school of fish navigating the vast ocean, we are guided by instinct, collaboration, and a shared sense of direction. Each member of our study club brings unique experiences, talents, and perspectives, yet it is our collective movement that propels us forward. The current of knowledge flows strongest when we learn from one another, adapt to the changing tides of our profession, and continue pressing ahead together.

This season, as we explore new ideas, refine our skills, and challenge old assumptions, may we do so with the same grace and unity found in nature's most remarkable teams. No matter where we begin, all paths, when guided by purpose and curiosity, lead forward.

Here's to a year of progress, collaboration, and shared success.



ACADEMIC 26/27

SEP

September 17, 2026 | Dinner 6:00 PM | Program Start 6:30 PM
Delta Hotel - 1330 Industrial Blvd. NE, Minneapolis, MN 55414

Katie To, DDS, FAGD, AIAOMT, MIABDM

Advanced Treatment Planning for Extensive Dental Caries: Integrating Wellness and Modern Techniques – HYGIENE INVITED TO JOIN

NOV

November 12, 2026 | Dinner 6:00 PM | Program Start 6:30 PM
Midland Hills - 2001 Fulham St., Roseville, MN 55113

Todd R. Schoenbaum, DDS, MS

*Prosthetic implant complications: causes, prevention, and management
DOCTORS ONLY*

FEB

February 4, 2027 | Dinner 6:00 PM | Program Start 6:30 PM
Best Western - 1000 Gramsie Rd., Shoreview, MN 55126

James B. "Woody" Wooddell, DDS

Simplifying the Treatment Planning Process: A System to Increase Acceptance – HYGIENE INVITED TO JOIN

APR

April 8, 2027 | Dinner 6:00 PM | Program Start 6:30 PM
Delta Hotel - 1330 Industrial Blvd. NE, Minneapolis, MN 55414

Martin Mendelson, DDS, FIADFE, CPC

Out of Sync: Why Smart Teams See Different Realities — How One Move Changes Everything – DOCTORS ONLY

April 9, 2027 | 7:00 AM Breakfast | Program 8:00 AM - 1:00 PM
Delta Hotel - 1330 Industrial Blvd. NE, Minneapolis, MN 55414

Martin Mendelson, DDS, FIADFE, CPC

From Insight to Action: How Teams Align Thinking, Communication, and Performance – FULL TEAM INVITED TO JOIN

MAY

May 13, 2027 | Dinner 6:00 PM | Program Start 6:30 PM
Best Western - 1000 Gramsie Rd., Shoreview, MN 55126

Dewitt Wilkerson, DMD

The Next Great Frontier: Integrative Dental Medicine – HYGIENE INVITED TO JOIN

Late May | Time TBD | Location TBD

Dr Paul Vollmer

Closing Dinner – DOCTORS AND SIGNIFICANT OTHERS

SEPTEMBER

**Katie To, DDS, FAGD,
AIAOMT, MIABDM**



Dr Katie To is a distinguished leader in the fields of cosmetic and wellness dentistry, renowned for her unwavering commitment to continuing education and her passion for sharing knowledge. Her relentless pursuit of new information has enabled her to stay at the forefront of the latest advancements in dentistry. Dr Katie holds the unique distinction of being the first dentist to achieve both a Master in Biological Dentistry and a Master of Digital Smile Design. Her extensive training encompasses cosmetic bonding, non-invasive cosmetic dentistry, dental ozone therapy, biological surgery, and dental-medical integration. Dr Katie is dedicated to providing care using the safest, least toxic methods, ensuring a biocompatible approach for all her patients. In addition to her professional achievements, Dr Katie is committed to her personal life, marrying her best friend, Dr Bar Nguyen, in a Pixar Disney "Up" themed wedding in Chicago in 2013. They are proud parents to their son, Bailey, born in 2016, and daughter, Apple, born in 2022. As a family, they enjoy cooking and traveling, with favorite destinations including Japan, Greece, Morocco, and Australia.

Dr To has no affiliations to disclose.

Lecture up to 2 hours

149 Multi-disciplinary Topics

Advanced Treatment Planning for Extensive Dental Caries: Integrating Wellness and Modern Techniques

This interactive program takes you through a comprehensive treatment planning session, where you will explore an in-depth case involving the treatment of extensive dental caries. Dr To will explore how modern, non-toxic techniques and a holistic, wellness-based approach can be integrated into dental care, emphasizing the importance of a comprehensive treatment philosophy that supports both oral and overall health. You will not only workshop the treatment plan in small groups but also learn how to apply these methods in real-world clinical practice.

Upon completion of this session, attendees should be able to:

- Understand the step-by-step application of modern treatment methods and wellness-centered techniques.
- Integrate non-toxic, comprehensive wellness treatment strategies into routine practice to effectively manage and prevent cavities while promoting overall health.



NOVEMBER

**Todd R.
Schoenbaum, DDS,
MS**



Dr Schoenbaum is Professor at the Dental College of Georgia where he trains residents and students in implant restorations and clinical research. He also serves as the Director of Clinical Research for the college. He is the Editor-in-Chief of Dentistry Review. He has a master's in clinical research from the UCLA School of Medicine and is a Fellow and Diplomate of the Academy of Osseointegration. His clinical practice is limited to fixed implant restorations.

Dr Schoenbaum receives financial support from Nobel Biocare, Biohorizons, Elsevier, Quintessence and Straumann.

Lecture up to 3 hours

690 Implants

Prosthetic Implant Complications: Causes, Prevention, and Management

This presentation will address the most common prosthetic implant complications in partially edentulous treatments including loose / stripped / broken screws, progression of open contacts and short anterior crowns, “screwmentable” complications, cement induced peri-implantitis, and more. Each complication topic will cover frequency of occurrence, common causes, strategies for prevention, and management. Topics: - Causes of the most common prosthetic implant complications - Protocols and techniques to reduce the incidence of prosthetic implant complications - Practical management of these complications.

Upon completion of this session, attendees should be able to:

- Understand how to prevent and manage common restorative implant complications.
- Implement proven strategies to significantly increase predictability in implant treatments.



FEBRUARY

**James B. "Woody"
Wooddell, DDS**



Dr Wooddell has completed training in occlusion and the concepts of complete dentistry at the Dawson Center for Advanced Dental Study, TMJ studies at the Piper Education and Research Center, and esthetics at the Seattle Institute for Advanced Dental Studies. Frank Spear, director of Spear Education, has been his mentor in the integration of esthetics and function as well as treatment planning, restorative materials and techniques and photography. He has also trained under the tutelage of Jack Turbyfill in the area of removable prosthodontics and has been involved in treatment planning and restoring dental implants since the 1980's. Drs Wooddell and Passaro have assimilated their extensive knowledge and experience into a singular program proven to effectively diagnose, develop an appropriate treatment plan and implement the optimum solution for any restorative or esthetic case. This framework for decision making that provides and easily understood communication tool for the patient and the entire interdisciplinary team is called the "Systematic Treatment Evaluation Protocol" or STEP™.

Dr Wooddell does not have any affiliations to disclose.

Lecture up to 2 hours

149 Multi-disciplinary Topics

Simplifying the Treatment Planning Process: A System to Increase Acceptance

For many, treatment planning comprehensive dentistry can be a confusing ordeal that takes many hours, yielding more questions than answers. Dr Wooddell details a linear, systematic analysis of photographs of any patient that presents for dental treatment, that will clearly reveal the essential components of the case. He will present a basic case, and then using a specialized PowerPoint template called STEP, treatment options will become clear and can be easily shown in a visual format to a specialist or lab technician for collaboration as the treatment path is developed. The visual presentation of the finalized STEP treatment plan enhances patient understanding and case acceptance.

Upon completion of this session, attendees should be able to:

- Understand the importance of having a system such as STEP for efficient diagnosis, treatment planning and communication.
- Implement STEP as a powerful education and motivation tool for the patient for comprehensive dental therapy.



APRIL

**Martin Mendelson,
DDS, FIADFE, CPC**



Transforming adversity into opportunity, Dr Martin Mendelson, Founder of Metamorphosis Coaching and former Resident Faculty at Spear Education. With nearly 20 years of experience and certifications in Executive Coaching, Team Coaching/Facilitation, Emotional Intelligence, and Happiness Studies, Dr Mendelson has empowered leaders and teams across North America to excel and thrive. As a captivating speaker, astute coach, and masterful team facilitator, he unleashes the power of his innovative T.E.A.M. approach, guiding clients to shed the burdens of traditional leadership and embrace cohesion for unparalleled business growth and personal fulfillment. His debut book, *One Move Makes All the Difference*, hits bookstore shelves in December 2025, and is available wherever books are sold.

Dr Mendelson does not have any disclosures.

Lecture up to 3 hours

Practice Management and Human Relations, AGD Subject Code 550

Out of Sync: Why Smart Teams See Different Realities — How One Move Changes Everything

Why do talented, well-intentioned teams working in the same practice experience completely different realities? Why does one person see urgency while another sees no issue at all? Why do leaders feel clear, while their teams feel uncertain or hesitant to act?

It's not a lack of effort; it's how the brain works, and each individual filters information through their own lens, shaped by past experiences, emotional states, and unconscious biases.

In this engaging keynote, Dr Martin Mendelson introduces a powerful, neuroscience-informed perspective on why teams fall out of sync and how leaders can begin to shift alignment through small, intentional actions. Grounded in his One Move Leadership approach, this session connects mindset, structure, communication, and decision-making into a simple, practical framework that leaders can immediately relate to and apply.

Drawing from the TEAM framework (Thoughts, Emotions, Actions, Manifestation), insights from Project Aristotle, and behavioral decision science, attendees will leave with a clearer understanding of what is driving team behavior and one move they can make to lead more effectively.

Upon completion of this session, attendees should be able to:

- Recognize how individual perception, emotional state, and cognitive bias influence how team members interpret the same situation differently.
- Describe how misalignment within teams is often driven by differences in thinking and decision-making, rather than effort or intent.
- Identify one practical “One Move” to shift their own thinking in moments of tension, uncertainty, or misalignment.
- Differentiate between reacting to behavior and leading the thinking that drives behavior.



APRIL

**Martin Mendelson,
DDS, FIADFE, CPC**



Transforming adversity into opportunity, Dr Martin Mendelson, Founder of Metamorphosis Coaching and former Resident Faculty at Spear Education. With nearly 20 years of experience and certifications in Executive Coaching, Team Coaching/Facilitation, Emotional Intelligence, and Happiness Studies, Dr Mendelson has empowered leaders and teams across North America to excel and thrive. As a captivating speaker, astute coach, and masterful team facilitator, he unleashes the power of his innovative T.E.A.M. approach, guiding clients to shed the burdens of traditional leadership and embrace cohesion for unparalleled business growth and personal fulfillment. His debut book, *One Move Makes All the Difference*, hits bookstore shelves in December 2025, and is available wherever books are sold.

Dr Mendelson has no affiliations to disclose.

Lecture up to 5 hours

Practice Management and Human Relations, AGD Subject Code 550

From Insight to Action: How Teams Align Thinking, Communication, and Performance

Many challenges with communication, consistency, and accountability are not caused by a lack of effort. They stem from how individuals think, interpret situations, and respond under pressure. Over time, persistent worry and negative thinking can limit problem-solving, strain communication, and affect team performance.

This interactive program helps doctors and their teams explore a different approach grounded in neuroscience and behavioral science. At its core is a simple idea: optimism is not a personality trait — it is a skill that can be developed.

Using Dr Mendelson's TEAM framework (Thoughts, Emotions, Actions, Manifestation), participants will gain practical insight into how thoughts influence emotions, communication, and results. Through guided discussion and exercises, teams will learn to recognize unproductive patterns and make small shifts that lead to clearer communication, stronger relationships, and more consistent execution.

The skills developed extend beyond the practice, shaping how people work together, respond under pressure, and perform every day.

Upon completion of this session, attendees should be able to:

- Recognize how patterns of thinking, including negative bias and optimism, influence perception, communication, and behavior.
- Describe the connection between thoughts, emotions, actions, and results using the TEAM framework.
- Explain how success in practice is created from the inside out, and how internal thinking and emotional states shape team dynamics and daily interactions.
- Use a simple, practical strategy to shift from reactive thinking to intentional decision-making in daily interactions.
- Practice a simple, repeatable approach to navigating challenging conversations with greater clarity and confidence.
- Utilize communication strategies that improve alignment, trust, and consistency within the team.



MAY

**Dewitt Wilkerson,
DMD**



Dr DeWitt "Witt" Wilkerson joined Dr Peter Dawson's private practice in 1982.

This has provided 43 years of invaluable experience in a world renowned clinical culture. Witt lectures extensively on the subjects of restorative dentistry, dental occlusion, temporomandibular disorders, airway/dental sleep medicine, and integrative dental medicine.

His book, *The Shift: The Dramatic Movement Toward Health Centered Dentistry*, provides a step-by-step guide to implementing a complete health focused practice through dentistry.

Founder and CEO of IDM (Integrative Dental Medicine) Scholar Society; Past-President of the American Academy of Oral Systemic Health (AAOSH); Past-President of the American Equilibration Society (AES); Adjunct Professor, University of Florida College of Dentistry; Special Lecturer, the L.D. Pankey Institute; ADA President's Task Force on Sugar & Nutrition; Co-chair ADA Annual Symposium: Dentistry's Role In Complete Health, Dental Advisory Council, Christian Medical & Dental Associations;

Dr Wilkerson receives product and/or financial support from SimplyPerio.

Lecture up to 2 hours

730 Oral Medicine, Oral Diagnosis, Oral Pathology

The Next Great Frontier: Integrative Dental Medicine

There are some very important shifts in dental & medical research clinical applications that are changing the way we understand, diagnose, prioritize and treat our patients. Oral bacterial infections are causing body wide inflammation, salivary testing can identify and guide treatment. Allergies can cause conversions from nasal to mouth breathing and sleep apnea, home sleep screening & testing can identify the problem and guide treatment. Airway & sleep problems can also drive bruxism, tooth wear, sore muscles, headaches, TMD & dental malocclusions. In this engaging and empowering presentation Dr Wilkerson will discuss new insights into the critical connection between inflammation, breathing disordered sleep, TMD and dental malocclusions.

Upon completion of this session, attendees should be able to:

- Identify key clinical signs of airway-related disorders and understand how sleep, breathing dysfunction, and inflammation contribute to tooth wear, TMD, and malocclusion.
- Incorporate salivary testing and basic sleep screening into routine evaluations to improve early diagnosis and guide collaborative, wholehealth treatment planning.



THE FINE PRINT

Registration

These are virtual and live lecture, demo, and peer discussion programs suitable for all dentists, dental students, and business professionals regardless of prior experience who are members of this study club.

Paul Vollmer
(651) 578-7000

Please call with any cancellations at least 72 hours before the meeting.

Disclaimer

Some information or presentations may include controversial materials or commercial references. 3rd Millennium Dental Study Club cautions all course participants that there is potential risk to using limited knowledge when incorporating new techniques and procedures into their practices, especially when the continuing education program has not provided them with supervised clinical experience in the techniques or procedures to ensure that they have attained competence.

Substitutions

This brochure represents the speakers/programs established at the time of publication; however, speaker cancellations occasionally occur for reasons beyond our control. In the event of such an occurrence, speaker/ program substitutions may be made without prior notice.

Code of Conduct

We are committed to ensuring a safe and respectful meeting environment that is free of harassment, bullying, or offensive comments and/or behavior toward others.

We expect all participants whether attending live or virtual sessions to abide by this Code of Conduct policy on all online platforms, or in venues at a meeting, including ancillary events and official and unofficial social gatherings.

- Exercise consideration and respect in your speech and actions.
- Refrain from demeaning, discriminatory, or harassing behavior and speech.

Up to 15 Credits Available

Of which 15 hours will be submitted by True North Professional Studies. This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approval for Continuing Education (AGD PACE).

